



Food and Nutrition Education Trainer – PART-TIME Independent Contractor

We're on a mission to:

- Help students create a healthier lifestyle for themselves, their family and peers.
- Inspire them to want to get involved in creating a healthier food system for us all!
- Help support student's mission of bringing nutrition education and youth food leadership to all schools in Colorado.

We're Growing! An Ounce of Nutrition is seeking a part-time food and nutrition education trainer to train two teachers on our food leadership and nutrition education curriculum at one school in Denver, CO. This is a contract opportunity for the 2021-2022 school year (August 2021 – May 2022).

About Us: An Ounce of Nutrition (AOON) develops sustainable food and nutrition education programs for students in Early Childhood through High School. We train teachers on our curriculum and help them integrate it into their school's culture. Programs include the popular high school curriculum "Food for Thought", a sustainable food system and nutrition education program; "You Are What You Eat", a middle school program that promotes "real" food citizens and "Zero to Five" an early childhood education program. We also developed the innovative "Youth Food Leadership and Advocacy program" to empower students to create a healthier food system for us all!

Classroom Responsibilities:

Co-Teaching on An Ounce of Nutrition's curriculum

- Obtaining in-depth knowledge of AOON's curriculum.
- Training teachers on AOON's Nutrition education information and Youth food leadership content and initiatives.
- Work with teachers to develop customized power point presentations that include games or videos.
- Assist teachers with integrating content into their school culture.

Cooking demonstrations

- Leading cooking demonstrations and food demonstrations.
- Training teachers on simple, easy recipes to make with students once training is complete.
- Identifying culturally appropriate recipes, shopping for ingredients and equipment, transporting recipe ingredients, setting up and assisting with clean up.

Co-Leading our Youth Food Leadership Program:

- Co-teach with teacher on youth food leadership curriculum.
- Help students identify a food initiative they would like to take on and assist with bringing that initiative to fruition.
- Identify community partners to help support the student led food initiative.
- Aid students with connecting to the school's garden.
- Assist with integrating this initiative into the school culture.

Coordinating logistics:

- Ordering supplies or equipment for activities.
- Identifying speakers to present on food-related topics.
- Connecting classroom teachers with community partners.
- Scheduling field work/field trips to farms/gardens or other food organizations.

Key Background Requirements:

- ◆ Bachelor's degree or at least ONE year of formalized training in nutrition education. This might include a registered dietitian nutritionist, dietetic intern, bachelor's degree or above in nutrition, or at least 1 year of education from a traditional or holistic nutrition college or university.
- ◆ Experience teaching youth about nutrition. *We may require a 10-minute teaching presentation.*
- ◆ Enjoy educating kids and youth. *Creativity is a plus!*
- ◆ Possess an entrepreneurial spirit and work ethic. *Must be able to work independently.*
- ◆ A passion for local food or sustainable agriculture. *Must be able to describe your philosophy on this subject.*
- ◆ Experience cooking and/or demonstrating healthy recipes.
- ◆ Experience helping students lead projects or initiatives.
- ◆ Additional training on the benefits of fruits and vegetables is a BIG plus.
- ◆ Understanding of a wide variety of cultures and food options available. *Must be culturally responsive.*
- ◆ Responsible and responsive. *Must be able to commit to working the entire school year.*
- ◆ Desire a flexible schedule. *Hours may vary.*
- ◆ Willingness to travel locally and have dependable transportation.

****Must be able to pass a criminal background and fingerprint check in order to work with minors. Must also be vaccinated for COVID 19.****

Job Type: Contract

Compensation: \$2,000 per month

Schedule: Agreed upon days/hours with the school and then prep time outside of school.

If interested, please send a resume or CV to info@anounceofnutrition.com. Thank you for your interest!